

IN CONVERSATION WITH CALVIN TOWNSHIP BUILDING TOMORROW BY WORKING TOGETHER TODAY!

ISSUE NO #2 | MAY 2022 | VOLUME 1



A Message from Mayor and Council

“Good communication is the bridge between clarity and confusion.”

Nat Turner

We truly hope that you enjoyed the first edition of our “new look” newsletter for Calvin Township. The response we have received is amazing and communication pieces such as these, that bring factual and positive information to our residents, is of the utmost priority for this Council. We are committed to providing updates on so many important projects and initiatives in this community and hope that it inspires others in the Township to get involved in a positive way, always with the intention of betterment. We were thrilled as a community that there continues to be enthusiasm around cleaning up Calvin and we thank all those who took the time to take our survey. We will be moving forward with this initiative on **Saturday June 4th**. Please try and register with councillorcross1@gmail.com so we know how many to expect for the BBQ. (More Info Below)

We want to continue to focus on positive communication in this community and truly believe that, as a Council, **good communication is indeed the bridge between clarity and confusion**. We are committed to transparency, accountability and true dedication as the cornerstone of every decision we make, ensuring that we have the most accurate and professional advice at all times. We only speak and understand the “positive language” here in Calvin Township. We encourage those who speak and understand that language to continue to provide constructive feedback and to continue to engage with us to build up Calvin. *Continued on Page 3*

IN THIS EDITION

Message from Mayor and Council

2022 Municipal Elections

Important May Dates

Contest is back!

Quote of the Month by Mayor Pennell

CBO in Town

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CLEAN UP CALVIN

Household Hazardous Waste

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Roots and Branches of Calvin

Rent Calvin Town Hall



2022 Municipal Election: Notice of Nomination for Office



The nomination period for the next Municipal Election opened on May 2, 2022. It closes on Nomination Day August 19, 2022 at 2 p.m. A Candidate for Municipal Office must be a qualified municipal elector in the Municipality and meet all requirements. Nominations must be on the prescribed form and accompanied by the prescribed nomination filing fee of \$200.00 for the Head of Council and \$100 for all other offices. The filing fee is payable by cash, certified cheque, money order or electronic payment if specified by the Clerk. Schedule an appointment to complete and file by emailing elections@calvintownship.ca.

IMPORTANT MAY 2022 DATES IN CALVIN TOWNSHIP

May 10, 2022 - Calvin Council Meeting

May 23, 2022 – Victoria Day – Municipality Closed

June 4, 2022 – Calvin Clean Up beginning at 8:00 am until 12:00 noon

June 18, 2022 – CWA Father’s Day Dinner at Town Hall in Calvin



Our McDougall Community Contest is Back for 2022!

We are giving away a total of \$10,000 to 3 deserving community projects.

Entering the Contest is Easy:

Create a two minute video, saying who you are, what your organization does, and what the money would be used for! It doesn't need to be fancy and you don't have to edit your video.

Once you have your video, upload it to our McDougall Family Fund Contest page found on our [McDougall Insurance Facebook page](#). Note: You will need to log into Facebook to enter.

IF YOU KNOW SOMEONE WHO WOULD LIKE A HARD COPY OF THIS NEWSLETTER INSTEAD OF ON-LINE PLEASE LET US KNOW AT administration@calvintownship.ca. WE CAN MAIL IT OUT.

Municipal Office
1355 Peddlers
Dr. Mattawa, ON
POH 1V0

Hours of Operations
Monday, Tuesday and
Wednesday by
appointment only.

8:30 a.m. to 4:00 p.m.

Thursday Closed

Friday
8:30 a.m. to 4:00 p.m
Please note: open by
appointments only on
days of operation.

Phone Number
705-744-2700

Fax Number
705-744-0309

Email
administration
[@calvintownship.ca](mailto:administration@calvintownship.ca)

Website
www.calvintownship.ca

**After Hours Number
for: Animal Control,
Road Concerns and
Livestock**

705-497-6961



QUOTE OF THE MONTH – PROVIDED BY MAYOR IAN PENNELL



"Just the facts man, just the facts. There are too many rumors, untruths and exaggerated stories in the municipality. We need everyone to know the actual facts about these situations and why the decisions we make as a Council are made to the betterment of this community as a whole."

Mayor Ian Pennell

In the next 30 days, our focus continues to be on recruiting a Full-Time or Part-Time Clerk for the Township of Calvin, to not only lighten the load for existing staff, but to ensure we have the right person leading the administrative process, while we as Council maintain our governance responsibilities. On that note, I want to commend and thank the dedication and commitment of existing staff as well as our professional team at E4m who continue to assist the Township and advocate for positive and progressive changes to our policies and procedures.

MESSAGE FROM MAYOR AND COUNCIL (Continued from Page 1)

The notice of nomination for municipal office for the next municipal election is now posted and we continue to encourage those who are interested in making a positive contribution for this Township to seriously consider running for office. As you are also likely aware, Calvin Township, like so many other communities in Ontario, is moving forward with both internet and telephone voting for this next Municipal Election being held on October 24, 2022. We are extremely confident with the integrity and accountability of the system that is being set up to activate and support this important democratic right for all Canadians. We will have more information to Township residents on voting in this next municipal election in the next few months.

As we move toward a late Spring and into Summer, there is no question that the focus for this Council will remain on bringing the community together in a literal sense. As we begin to slowly shed the Covid masks and replace them with a real face-to-face smile, begin to get together again as a community, attend events in person and break bread across from friends and family in restaurants or at home, we must remain confident that by working together today, will no doubt, build a tomorrow that our children and youth in Calvin will be proud to call home! We are also recognize that we are not out of the woods completely yet when it comes to Covid. But we do look forward to that in-person engagement with you and rekindling our strong roots and local relationships!

Remember Build Tomorrow by working together today!

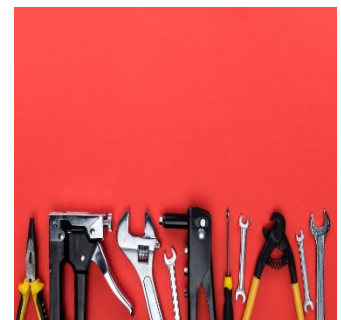
Mayor Ian Pennell and Members of Council

CHIEF BUILDING OFFICIAL HOURS OF OPERATION

Please note: Shane Conrad the **CBO Chief Building Official** will be in the office at Calvin Township Town Hall on the following times and dates:

Wednesday – In the office at Town Hall.

Tuesday to Thursday he answers the phone and can be reached at 705-218-0899



Calvin Township Wants Your Opinion!

Let us know your thoughts on a variety of matters.

This month we would like your opinion on the OPP Police Services currently in Calvin Township.

- What is your opinion of the OPP services in Calvin?
- Are you content with the current level of service we are getting?
- Have you had a positive or negative experience with service calls and response times?



Click the link to Survey Monkey

<https://www.surveymonkey.com/r/BT2F7GC>

CLEAN UP CALVIN!

DATE: SATURDAY JUNE 4, 2022

TIME: 8:00 AM UNTIL 12:00 PM NOON

LOCATION: MEET AT TOWN HALL OFFICES

COFFEE AND DONUTS/CALVIN WOMEN'S ASSOCIATION BBQ

Come and join Mayor and Members of Council on Saturday June 4, 2022. The Calvin Women's Association will be holding a BBQ after the clean up. Come out rain or shine to help beautify Calvin Township.

Please register with us so we know how much food to purchase for the event:

Just email Councillor Cross at:

councillorcross1@gmail.com



RECYCLING BYLAW CHANGE

Due to covid measures the Municipality passed a temporary Bylaw allowing some divertable material to be included with garbage. This now has been rescinded and will no longer be allowed. Sections 8 and 9 are expected to be followed. Please ask landfill staff for better information on recycling or any questions. Thank for keeping Calvin's landfill lifespan in mind.

Household Hazardous Waste (HHW)

Chemical waste is both dangerous and harmful to humans, animals, and the environment. NEVER throw hazardous waste into the garbage or flush it down the sink, toilet, or storm sewer.

Hours of Operation:
Wednesday to Saturday
8:00 a.m. to 6:00 p.m.
Open Year Round

Bring all your HHW and electronic waste to the Hazardous Waste/Electronic Drop-Off Depot at 112 Patton St. This service is **free** to North Bay residents.

Hours of operation (year round): **Wednesday to Saturday 8:00 a.m. to 6:00 p.m.**

Accepted Materials:

- Adhesives/glues
- Aerosols
- Antifreeze
- Batteries (all types)
- Cleaning supplies
- Cooking oil
- Cosmetics
- Fire extinguishers
- Fluorescent lights
- Fuels
- Oil and oil filters
- Paint, varnishes and stains
- Pesticides
- Pharmaceuticals
- Pool chemicals
- Propane (all sizes)
- Sharps*



NOT ACCEPTED: Unidentified items, items with refrigerants (AC units, fridges, freezers, water coolers, dehumidifiers), PCB's, explosives, biological/pathological waste, radioactive waste.

Disposing of Sharps*: Please put sharps in a sharps approved container. You can acquire a sharps approved container at your local pharmacy, free of charge. You can also place them in a container and tape the lid of the container shut and label sharps on the container. Bring them to the pharmacy or to the Hazardous Waste Depot.

**There are limits to how much waste you can bring per trip.
DO NOT BRING MORE THAN 60 LITERS AT A TIME!**

ROOTS AND BRANCHES OF CALVIN

Can you help with the History of the Clinton Jones Farm?



Morgan and Peter moved here from Port Colborne, Ontario with their dog Bingo. They bought the **Clinton Jones Farm** and moved in December 2021.

Morgan is a social worker and Peter gave up his carpentry business to come up here to start a permaculture farm. They both are looking for a self-sufficient lifestyle. They are up early with a cup of coffee and outside tinkering all day. They were attracted to Calvin because they were looking for a large size farm and it was out of their reach in the Niagara region. They are super outdoorsy. They love to go camping/hiking/canoeing/ mountain biking and gardening.

Morgan and Peter would like to learn about their farm and the area and whomever can, please reach out to them and give the history on it. They love to drive around and explore Calvin and have been reading the history of Calvin and they would love to see the community get together more often with music and dance. They want to bring the Farm Back to Life!

Wellness Tips of the Month for Residents of Calvin Township A Beginner's Guide to Seasonal Eating 'Oh, My Veggies'



Seasonal eating is one health trend that I can whole-heartedly get on board with—but it's not exactly new. Looking back 100 years ago, nobody would have called it seasonal eating. It was just eating what was on hand, ripe, and ready to go!

Seasonal eating is an outstandingly simple food philosophy at its core, yet we've complicated it with decades of operating within a globalized food system. Go into any supermarket in the dead of winter and what would you find? Tomatoes? No problem. Grapes? You bet. Fresh strawberries? Absolutely. Whether grown in a hothouse or shipped halfway around the world, we've become completely accustomed to seasonless eating. In this sense, seasonal eating is harder than it sounds.

It doesn't have to be difficult to eat in season, however, or to eat mostly in season if that's what works best for your family. Here are some of my favorite ways to work more seasonal eating into my diet.

Think Local

At its core, seasonal eating means that you're eating fresh produce at a time of year when it's naturally ready for harvest. This means strawberries in June, tomatoes in August, and butternut squash in October. Seasonal eating often goes hand in hand with local eating since the whole point is reducing your footprint by not trucking food long distances. Usually this means that the produce is harvested at the correct time, when nutrients are at their peak, as opposed to harvesting early so that the produce will better withstand shipping.

What is available seasonally will largely depend on where you live. If you live in California, you're going to have a very different range of produce available in the winter months than if you lived in New York. I live in Sweden where the growing season is exceptionally short, so not much is available in the winter months other than long-storage vegetables such as cabbage, potatoes, apples, and carrots. Consult a growing guide to see what's grown in your area and when it's in peak season.

Visit Your Farmer's Market

Your local farmer's market is an excellent indicator of what's in season, and—as a bonus—you get to chat with the folks who grew your food! The produce stands at the farmers market will usually be groaning with tomatoes and massive zucchinis at the end of summer, winter squash in the autumn months, and kale, potatoes, broccoli, and cabbage in the winter. No matter the time of year, farmer's market produce is usually much fresher than what you'd find in the grocery store and has often been harvested within the last 24 hours!

Get Involved with a CSA Program

CSA—community supported agriculture—programs are another great way to eat in season. The idea is that you pay for a yearly or monthly subscription to a farm or group of farms. In exchange for paying the farmers money up front, you'll receive a box of produce on a weekly or monthly basis. CSA programs are usually a fun way to learn about what's in season, and experience fruits and vegetables that you may not have chosen to buy otherwise. It also benefits farmers by helping them pay for their operational costs ahead of time—win-win! CSA Ontario Program Farms are listed below:

<https://knowwhereyourfoodcomesfrom.com/community-supported-agriculture-csa-farms/canada/ontario/#:~:text=Ontario%20CSA%20Farms%20Community%20Supported%20Agriculture%20%7C%20>



Check Out the Produce Aisle

Even though supermarkets do carry some of the same foods throughout the year, they also tend to switch up others seasonally. My local supermarket will always carry an abundance of chanterelle mushrooms in the autumn, local asparagus in the spring, and corn in the late summer. Be sure to check the signs so you can check where the produce comes from so you don't accidentally buy imported strawberries when the local ones are at their peak. Or you can simply ask your grocer where things come from!

Try New Things

What's that weird spiky vegetable you've seen a few times but have never tried? Perhaps you're not familiar with it because it only just came into season. Ask around and open your mind—and your taste buds.

Eating Seasonally Chart

Summer ☀️		Fall 🍂		Winter ❄️		Spring 🌱	
Avocados	Lettuce	Apples	Lettuce	Apricots	Mushrooms	Apricots	Lettuce
Bananas	Lima Beans	Bananas	Limes	Avocados	Onions	Asparagus	Limes
Bell Peppers	Limes	Beets	Mangos	Bananas	Oranges	Avocados	Mushrooms
Blackberries	Mangos	Broccoli	Mushrooms	Brussels Sprouts	Pears	Bananas	Onions
Blueberries	Mushrooms	Brussels Sprouts	Parsnips	Celery	Potatoes	Broccoli	Peas
Cantaloupe	Okra	Carrots	Pears	Collard Greens	Pumpkin	Cabbage	Radishes
Celery	Peaches	Cauliflower	Peas	Grapefruit	Rutabagas	Celery	Rhubarb
Cherries	Pineapples	Celery	Pumpkin	Kale	Sweet Potatoes	Collard Greens	Spinach
Corn	Plums	Cranberries	Radishes	Kiwi	Swiss Chard	Kale	Swiss Chard
Cucumbers	Raspberries	Garlic	Rutabagas	Leeks	Turnips	Lemons	Lemons
Eggplant	Strawberries	Ginger	Sweet Potatoes	Lemons	Winter Squash		
Garlic	Summer Squash	Grapes	Swiss Chard	Limes	Yams		
Grapes	Tomatillos	Green Beans	Turnips				
Green Beans	Tomatoes	Kale	Winter Squash				
Honeydew Melon	Watermelon	Lemons	Yams				
Lemons	Zucchini						
Lettuce							

**Your View of Calvin!
Newsletter submission Section.**

Do you have a beautiful or interesting photo of Calvin you would like to share? Perhaps it's a view from your window, wildlife, a seasonal photo showcasing our amazing landscapes. Your image might be included in a future Newsletter.



Click the link and send your photo and description to: administration@calvintownship.ca



Rent Calvin Town Hall for All Your Parties!



Hey Calvin Township!

We want you to know that Town Hall can be rented to all residents for a nominal fee. Think about holding your birthday parties, small weddings, baby showers or business conference at these facilities. Utilize the great kitchen and bar area for personal or catering needs. **Call or email us at Town Hall to reserve these facilities.**



Congratulations! Trisha Hayes was the winner of the Quilt and all the proceeds will go to the Calvin Working All-together fundraiser. Thanks everyone for buying tickets!



Please note that on **Saturday June 18, 2022**, we have a Father’s Day Dinner being held at Calvin Town Hall hosted by the Calvin Women’s Association. Spaghetti dinner with music and a silent auction, penny sale and bake sale. Anyone wishing to help out will be welcome.

